

OPERATION SUCCESS



New Bridge Foundation's Operation Success is designed to meet the needs of the brave men and women serving our country. Many members of our professional and dedicated staff have military experience, and all staff receive specialized training to address the unique issues present in the lives of military members, veterans and their families.

If you or someone you care for has a problem, there is help. Call us at 800-785-2400 and ask for an Admissions Counselor. Let our proven, evidenced-based methods work for you. You can also visit us on the web at:

www.newbridgefoundation.org

Let us help you build your bridge to recovery.



New Bridge Foundation

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www.newbridgefoundation.org



- **CARF accredited for Integrated Alcohol and Other Drug/ Mental Health**
- **Licensed and Certified by the State of California Department of Alcohol and Drug Programs**

New Bridge

OPERATION SUCCESS



Integrated Chemical Dependency and Mental Health Treatment for Military

Phone: 800-785-2400

PRIDE

Operation Success

Founded in 1968, New Bridge Foundation is a non-profit agency offering integrated chemical dependency and mental health treatment.

We have been proudly serving military members, veterans, and their families for over 40 years and look forward to the opportunity to serve you.



“New Bridge saved my life...it’s that simple.”

- Graduate

MORALE



Services Include

- ✓ **Chemical Dependency Education**
- ✓ **Military Therapy Group facilitated by Psychiatrist**
- ✓ **Relapse Prevention**
- ✓ **Pain Management**
- ✓ **Individual & Group Therapy**
- ✓ **Military Support Groups facilitated by veterans**
- ✓ **Family Program**
- ✓ **12-Step Program**
- ✓ **Cognitive Behavioral Therapy**
- ✓ **Physical Training Program**

DIGNITY

Dual Diagnosis

Some clients come to us with PTSD/ASD and other mental health issues in addition to their chemical dependency. We offer enhanced services to address these special needs. Some of these services include

- ✓ **PTSD/ASD Coping Skills**
- ✓ **Medication Evaluation/Management**
- ✓ **Biofeedback**
- ✓ **Dual Diagnosis Group**
- ✓ **EMDR**
- ✓ **Acupuncture**
- ✓ **Seeking Safety Therapy**

Free Aftercare is available upon completion of treatment. Aftercare consists of a weekly therapy group, relapse prevention, and 12-step meetings. If your home destination is far from us, we have on-call counselors ready to support you.