

New Bridge Foundation's Operation Success

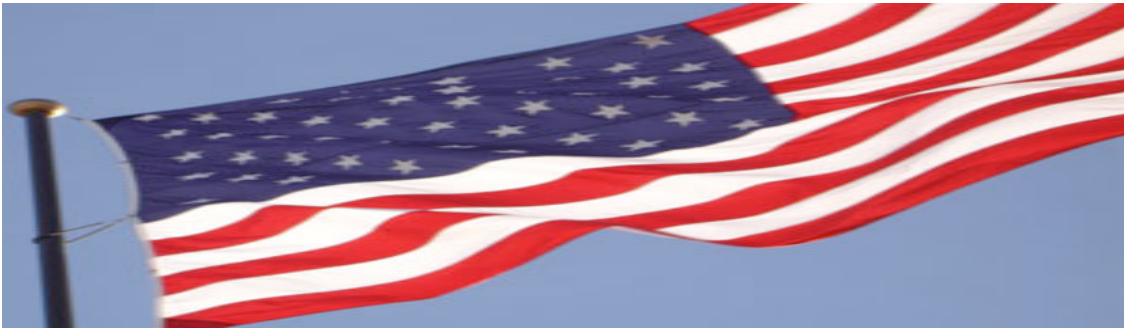
A Guide for Referral Sources



Integrated Chemical Dependency and Mental Health Treatment for Military Members, Veterans, and their Families

**Berkeley, CA
800-785-2400**

Building Bridges to Recovery since 1968



WELCOME TO OPERATION SUCCESS

We know that you have many choices when referring to treatment and we appreciate your confidence in our program. Our goal is to continue to provide you and your clients with high-quality service, and maintain your valued trust.

We have a long and proud history of serving military members, veterans and their families. We created Operation Success to address the unique needs faced by those in the military as they begin their road to recovery. Many members of our professional and dedicated staff have military experience, and all staff receive specialized training on issues relevant to the military.

We understand the importance of ongoing communication and will provide progress updates and coordinate discharge planning with you, so that each member's return home, or to base, will be as seamless as possible. Please know that you have made an excellent referral, and your client will be getting the best of care in a compassionate and supportive environment.

Once again, thank you for referring to New Bridge Foundation. We look forward to serving you.

The New Bridge Foundation Staff

**New Bridge Foundation's
Operation Success** 

FAQ's FOR REFERRAL SOURCES

New Bridge Foundation's Operation Success was created to serve the unique needs of military members, veterans, and their families. We use an integrated, holistic approach to treat each person as an individual.

Here are some answers to commonly asked questions:

Who can I refer to Operation Success?

Anyone with a primary drug or alcohol problem, as well as those individuals with concurrent mental health issues such as depression, PTSD/ASD, bipolar disorder, and anxiety.

How do I make the referral?

Making a referral involves a brief call to our Admissions Office at 800-785-2400. We will ask you some questions about the client and set up the appointment for admission. We provide transportation from all local airports. See "Referral Process for Operation Success" if you need more information.

What kind of contact can I expect after someone is admitted?

We know how important it is to keep you well-informed regarding anyone you refer. Our first contact with you will take place immediately after your client has been admitted. After that, we will contact you weekly with clinical updates. If you prefer more or less frequent contact, please relay this information to our Admission Office. In addition, a discharge summary and recommendation letter will be sent to you upon completion of treatment.

Why is New Bridge Foundation the best treatment choice?

New Bridge Foundation is a non-profit agency with *over 40 years* of experience serving the military. Operation Success targets the unique needs of those involved in the military. Being a non-profit provider means that all revenue is channeled back into the quality of our programs. We see the results in our high percentage of successful client outcomes and referral satisfaction. The environment is warm and welcoming with services provided in Hearst Mansions nestled in the hills of Berkeley where clients can enjoy jogging on the UC Berkeley campus and views of the Bay.

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PROGRAM SERVICES

New Bridge Foundation has been successfully treating military members, veterans, and their families since 1968. Operation Success was created to address the unique needs of those involved with the military. Housed in beautiful Hearst mansions in the Berkeley Hills, New Bridge utilizes evidenced-based treatment models to bring success to those we serve. We are licensed and certified by the State of California Department of Alcohol and Drug Programs and we have the highest accreditation from CARF for Integrated Alcohol and Drug Treatment and Mental Health.

Drug and Alcohol Services:

- Chemical Dependency Education
- Military Therapy Group facilitated by psychiatrist
- Relapse Prevention
- Military Support Groups facilitated by veterans
- Individual and Group Therapy
- Family Program with services provided in person or via phone
- 12-Step Program including Young People's 12-Step meeting for younger soldiers and dedicated military 12-step and sponsorship
- Cognitive Behavioral Therapy
- Physical Conditioning Program with personal trainers, jogging, & yoga

Dual Diagnosis Services:

Dual Diagnosis services include the services listed above, as well as the following:

- Medication Evaluation and Management
- PTSD/ASD Coping Skills
- Individual EMDR sessions to manage PTSD/ASD symptoms
- Anxiety Management and Training
- Acupuncture
- Seeking Safety Therapy

Pain Management Services:

We created our pain management track to help those individuals who want to address their chemical dependency issues while learning to manage their pain in a healthy way.

Our pain management services include:

- Medication Evaluation and Management
- Biofeedback
- Acupuncture
- Anxiety Management and Training
- Pain Management Group facilitated by a physician

Aftercare Services:

- Free Aftercare services include weekly therapy groups, random urine screens, and relapse prevention. Counselors are available via phone for clients living out of the area.

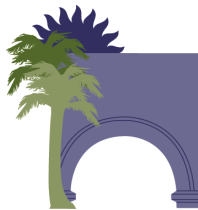
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Referral Admissions Process

The following is the Admissions Process for admitting one of your referrals:

- 1) Place a call to our Admissions Office at 800-785-2400. We will ask some brief questions about the client to ready them for admission.
- 2) If your referral has had a recent hospitalization, we will request that you send the medical records pertaining to that stay.
- 3) A Triwest Consult Referral from MTF is needed *prior* to admission.
- 4) After you arrange the flight to one of our local airports (we prefer Oakland International, when possible), please let us know the itinerary so we can arrange pick up at the airport.
- 5) We will need the client's cell phone number. The client should bring their cell phone with them on the plane as our driver will call after landing to confirm pick up location.
- 6) Once your referral is admitted, we will contact you to confirm admission and you will receive ongoing clinical updates.

If there are any accommodations that you need, please feel free to ask the Admissions Counselor when you call. We look forward to serving you.



New Bridge Foundation

OPERATION SUCCESS

Operation Success focuses on the unique issues present in the lives of military-affiliated members, in a seamlessly integrated chemical dependency and mental health treatment program.

**To speak with an Admissions Staff member please call:
800-785-2400**



New Bridge Foundation is proud to serve all branches of the US Military since 1968.